



# Schuylkill Valley Middle School


## March 2024



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk

Students **MUST** select a **MINIMUM** of 3 meal components offered and 1 **MUST** be a fruit or vegetable

A selection of white and flavored 1% and skim milk are offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Meal Prices</b> Breakfast - Free for all Students Lunch - \$3.10 - Paid		1
				Toasted Cheese Sandwich, Tomato Soup, Corn Fruit Choice
4	5	6	7	8
Rotini w/ Meat Sauce & Garlic Toast Broccoli Tossed Salad & Fruit Choice	Spicy Chicken Patty on Bun Calif. Blend Veggies, Baked Beans Fruit Choice	Macaroni & Cheese w/Breadstick Peas & Tossed Salad Fruit Choice	Cheeseburger Glazed Carrots & French Fries Fruit Choice	Popcorn Chicken w/ Dinner Roll Green Beans, Au Gratin Potatoes Fruit Choice
11	12	13	14	15
Chicken Parm w/ Pasta, Tossed Salad & Green Beans Fruit Choice	Walking Tacos w/ Lettuce & Tomato, Corn and Mexican Beans Fruit Choice	General Tso's Chicken over Rice Broccoli & Celery Sticks Fruit Choice	Assorted Subway Subs Calif. Blend Vegetables, Cucumber Cups Fruit Choice	Chicken Tenders w/ Dinner Roll Glazed Carrots & Tater Tots Fruit Choice
18	19	20	21	22
Pasta w/ Meatballs, Garlic Toast Mixed Vegetables & Tossed Salad Fruit Choice	Bacon, Egg and Cheese on Croissant Hash Brown Patty & Green Beans Fruit Choice	Chicken Patty on Bun w/ Glazed Carrots, Baked Beans Fruit Choice	Meatball Sub, Scalloped Potatoes & Broccoli Fruit Choice	Chicken Nuggets w/ Dinner Roll, Peas and Spiral Fries Fruit Choice
25	26	27	28	29
Chicken Patty Sandwich California Blend & Baked Beans Fruit Choice	<i>HOLIDAY-NO SCHOOL</i> <i>POSSIBLE SNOW MAKE-UP DAY</i>	<i>HOLIDAY-NO SCHOOL</i> <i>POSSIBLE SNOW MAKE-UP DAY</i>	<i>HOLIDAY-NO SCHOOL</i> <i>POSSIBLE SNOW MAKE-UP DAY</i>	<i>HOLIDAY</i> <i>NO SCHOOL</i>

**OFFERED DAILY** - The following entrees will be offered daily as an alternate to the featured daily entrée -  
**PIZZA, PBJ UNCRUSTABLE SANDWICH, ITALIAN SUBS, ENTRÉE SALAD & YOGURT PARFAITS**

